

About Cerebral Palsy



Definition of cerebral palsy

Cerebral palsy is a term used to describe a group of chronic conditions affecting body movements and muscle coordination. It is caused by damage to one or more specific areas of the brain, usually occurring during fetal development or infancy.

Cerebral palsy occurs before, during or shortly following birth. "Cerebral" refers to the brain and "Palsy" to a disorder of movement or posture. If someone has cerebral palsy it means that because of an injury to their brain (cerebral) they are not able to use some of the muscles in their body in the normal way (palsy).

Children with cerebral palsy may not be able to walk, talk, eat or play in the same ways as most other children. That is why living with cerebral palsy is very difficult. There are things to help people with cerebral palsy to live a better life, unfortunately this type of [equipment](#) is very expensive.

There are different degrees of cerebral palsy including mild, moderate and severe but doctors usually classify types of cerebral palsy according to the type of movement disorder involved.

Spastic cerebral palsy is when certain muscles are contracted on a continuous basis (different degrees from mild to severe). This spasticity or contracted muscles causes tight or stiff muscles and may make movement, speech and walking impossible or difficult. Spastic cerebral palsy is the most common type affecting about 70% of cerebral palsy cases.

Another type of cerebral palsy is called Athetoid cerebral palsy which is characterized by uncontrollable writhing movements. Intelligence is almost never affected. This type of cerebral palsy affects about 20% of cases.

Ataxic cerebral palsy is the rarest type affecting only about 10% of cases and is characterized by balance and depth perception issues, low muscle tone plus visual and auditory problems.

Adam has moderate to severe cerebral palsy of the spastic type. He needs someone to do almost everything for him. He tries to be as independent as possible and has a sharp mind. He is able to go out with the help of [Pardatransit](#) and could use [donations](#) to help pay for this service.

Adam has this website to educate everyone about cerebral palsy, so if you would like to help, please visit his [donations page](#), [equipment page](#), [daily living aids page](#), other needs page or home page.

"I want to tell everyone, thank you very much and God bless"....Adam